





# TOWERS TIMES

Bulletin of Rotary Club of Chennai Towers

Volume 27 Issue 10



Project Akshayam - A beneficiary enjoying lunch at Adyar Cancer Institute

#### At a Glance

- Annual day at Anjugam Primary School
- Smart Board installation at KRMM School
- April Fellowship













### **May Highlights**

- Board Meeting
- Project Akshayam every Thursday



Chartered on 10th June, 1998. Charter number: 51278



**Rtn Shalin Shah** President



**Rtn Sanjey Ahuja** Secretary



F<mark>rancis C</mark>olony, Madhavaram

5th April









### **Total Count-54**

Detected the following:

Diabetes - 27

Hypertension - 11

Hepatitis B - 1

Mogappair West, Ambattur Industrial Estate

6th April







#### **Total Count- 60**

Detected the following:

Diabetes - 9

Hypertension - 2

Hepatitis B - Nil



Vepery, Periamet

7th April







#### **Total Count-106**

Detected the following:

Diabetes - 23

Hypertension - 11

Hepatitis B - Nil



New Washermenpet, Tondiarpet

13th April





#### **Total Count-41**

Detected the following:

Diabetes - 7

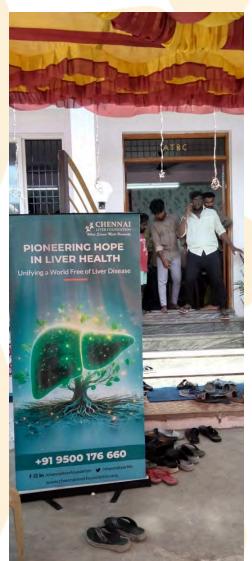
Hypertension - Nil

Hepatitis B - Nil



## Asirvadhapuram Street, Pulianthope

26th April







#### **Total Count - 78**

Detected the following:

Diabetes - 5

Hypertension - 6

Hepatitis B - Nil



## East Main Road, Annanagar West

27th April









#### **Total Count- 40**

Detected the following:

Diabetes - 7

Hypertension - 8

Hepatitis B - Nil

## Ongoing projects:

### Balanethra





Anns Shobha and Archana visited Radhatri Nethralaya to see the babies benefitted by our ongoing Balnethra project

## **Dialysis Centers**





Monthly report: Corporation Urban Primary Health Center, RCCT and Tanker

foundation Dialysis unit for April 2025

Total number of patients: 48 Total Dialysis done: 597

Monthly report: Corporation Urban Primary Health Center, RCCT and Tanker

foundation Dialysis unit for March 2025

Total number of patients: 52 Total Dialysis done: 540



Director: Rtn. Rukmani

## Akshayam

## Weekly distribution of food packets

April 3rd, 10<sup>th</sup>, 17<sup>th</sup> and 24th













Every week, members of the RCCT family come together in large numbers to help distribute nutritious food packets to patients and families at Adyar Cancer institute. PP Rtn Dr Vasumathy and Spouse Dr Praveen contributed towards this noble cause for the month of April











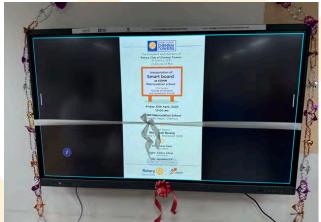
Director: Rtn K P Jayashree

## Smart Board installation

25<sup>th</sup> April













A Smart Board was installed at KRMMM School on 25th April, in the presence of 40 teachers and the Principal of the school. We aim to enhance the academic experiences of students with this digital tool. The Principal assured us that using the smart board on a regular basis will also improve the quality of teaching.

The Chief guest for the function was PP Rtn Rajesh Narang, Literacy Chair of District 3233. Thanks to PP Rtn Krishnachander and Rtn Karthikeyan along with our CSR Partner - Saranga Investments and Consultancy Pvt Ltd, for bringing in this valuable project. This project was attended by President Rtn Shalin, Rtn Jayashree, Literacy chair Rtn Dr Vignesh and Ann Geetha Karthikeyan.









Chair: Rtn Dr Vignesh Pushpraj







The Annual day program held at Anjugam primary school on 4<sup>th</sup> April. The students showcased their talents through performances in dance, music and drama. Members of the club recognized students for their achievements in academics and extracurricular activities. RCCT provided snacks and refreshments to the staff, substaff, students and parents.









Director: Rtn Anandhakrishnan

## Speaker Meeting Arcot Room, Taj Connemara

10<sup>th</sup> April





The Speaker of the evening, Mr K Anbarasu - DGM, Quality Control, Aavin, gave us an insightful talk about milk, a nutritious beverage that offers numerous health benefits. He spoke to us about the various challenges faced by the dairy industry, quality control in milk to ensure the safety and quality of dairy products for consumers.

The meeting concluded with the induction of Rtn Ravindran Ann Priya, a lovely addition to our RCCT family.





## **Fellowship**

19<sup>th</sup> April



Reels-Roll-Rumble was the name of the fellowship for April. The hosts - Rtns Rajesh Narang, Krishnachander, Gopal, Sriram, Satish Kandimalla, Manoj, Vinay and their lovely Anns had planned it meticulously.

The countdown started when they sent out invites to every member with a pack of popcorn and an invite with clear instructions on what was expected of us. Each family had to make a reel and send it in by a given date. The excitement grew each day as the hosts posted teaser videos on the WhatsApp group.

On the day of the fellowship, the banquet Hall in Radisson Blu Egmore was abuzz with excitement. The main attraction was the screening of all the collected reels. All of us were glued to our seats for an hour as we watched the shenanigans on screen with hoots of laughter. Some of the reels were howlarious!

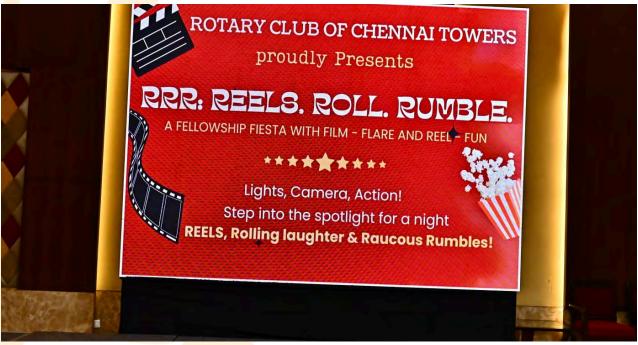
A few Annets enthralled us with their spectacular dances to popular numbers. The hosts had printed popular movie posters with our own faces morphed in the lead roles! That was a fantastic return gift for all of us to cherish.

With a sumptuous dinner we finished one of the most unforgettable fellowships of RCCT till date. We went home with a full heart and a smile on our lips.

Thank you hosts!

















Chair: PP Rtn Ramakrishnan Mani



'Rotary is the door to friendship. Let us throw it open to everyone.' - Paul P Harris the Rotarian July 1922.

Focusing on the growth and engagement of RCCT, we induct new members with diverse perspectives every year.

With the support of team members PP Rtn Krishnachander, PP Rtn Satish Jupiter, President Rtn Shalin, Secretary Rtn Sanjey Ahuja, incoming President Rtn Venkatesh and President Elect Rtn Dr Sumedha, we have inducted 3 members this year - Rtn Rajiv, Rtn Ravindran and Rtn Venkatesh Nair.

RCCT extends a very warm welcome to them! We're looking forward to inducting many more like-minded members.



# RCCT in 3233





President Elect Rtn Venkatesh at Colombo to attend PELS - President Elect Learning Seminar, from 9th to 12th April.



# Rotary events around the world

## Maternal and Child Health

' If mothers are empowered and healthy, so are the families leading to an alleviation of poverty and hunger .' - RFPD Co- founder Rtn Robert Zinser.

#### **Together for Healthy families in Nigeria**

The first known Maternal Health care project by Rotary International was launched in 1995 in Kaduna, Nigeria by Rotarians Lufadeju and Zinser. Led by Rotary districts in Germany and Nigeria, this successful program aims at providing quality care for pregnant women and increasing family participation in formal health services

Medical Apprenticeship courses implemented in Philippines by Rotary, enables young women to train as qualified Nurses.

# Achievements





Annet Jaden Samuel Mathew, son of Rtn Samuel Mathew and Ann Monika, was awarded the first prize in the 10<sup>th</sup> World Tamil International Badminton Tournament 2025 at France, Argentan, organized by World Tamil Badmintion Federation of France. He participated in the under-15 category, with more than 300 students from 25 countries participating in the event. Congratulations!



Space Age Company of Rtn GS Prasad received the Annual Best Performance Award for Agility in SKD and VFJ projects from Ashok Leyland during the Logistics meet Financial year at Hossur. Kudos!

# Achievements



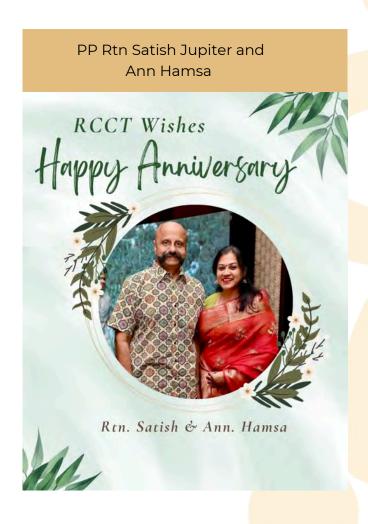


President elect Rtn Dr Sumedha successfully completed Everest Base Camp trek. "Trekking at an altitude of 5364 meters is not an ordinary experience. It was challenging, difficult Rocky terrain, walking along glacier moraines, passing through Sherpa villages with magnificent views of the tallest mountains in the world. The sense of accomplishment as one reaches the Base of the highest peak can never be described in words", she says.

We at RCCT are so proud of her and wishing her many more successful treks!

# Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day in April. Congratulations!





#### KNOW YOUR ROTARIAN

# Venkatesh Nair



Name: Venkatesh Nair

I am also called : Venkat

My family: My wife Nikitha Babu, and Daughter

Nithara Nair

My birthday: 27/8/82

My profession: Director of Southern Standards

Pvt Ltd which is a Chemical Distribution

Company

My strength: To stay calm and composed

whenever needed

My weakness: find it difficult to say 'no'

Most memorable moment in my life: The day

my daughter was born

Pastime I enjoy most: Socializing and meeting

new people

My interests: Travelling, learning and

discovering new things

My motto: To be the best version of me

My goal: To live a happy life

#### **Bulletin Team:**

President: Shalin Shah | Secretary: Sanjey Ahuja

Editor: Rtn Padmaja Venketram | Co - editor: Ann Anuradha Prasad